

# South West London Investment Fund

**Integrated Care Partnership Priorities Fund:  
Positive focus on mental well-being**

13 October 2023



# Session overview



1. **SWL Investment Fund Overview**
2. **Positive focus on mental well-being**
3. **General discussion and ideas sharing**
4. **Final questions**

# Introduction to the South West London Investment Fund

## Integrated Care Partnership Priorities Fund



The ICP Priorities Fund for 2023-25 will be targeted to support delivery of the Integrated Care Partnership's strategic plan and priorities. The fund is divided into

- ICP Workforce priority has an 80% allocation of funding.
- Remaining ICP priorities and cross cutting themes focussed (excluding HI) has an allocation of 20% of the funding.

The ICP Priorities Fund has a budget of £5 million across the two financial years until March 2025.



## Health Inequalities Fund

The Health Inequalities Fund has been awarded by NHS England to tackle Health Inequalities across South West London.

The Health Inequalities fund for 2023-25 will be distributed with 75% of funding for existing schemes and 25% for new schemes.

Place-based partnerships will receive an allocation of the funding using a needs-based approach.

£4.3 million is available to South West London for 2023/24.



## ICP cross-cutting themes

Elevating patient, carers,  
and community voices

Equality, diversity, and  
inclusion

Championing the green  
agenda

Health  
inequalities



Children and  
young people



Prevention



ICP  
Strategic  
Priorities

Positive  
mental  
well-being



Older people



Workforce



The South West London  
Integrated Care Partnership

# strategic priorities

# and cross- cutting themes



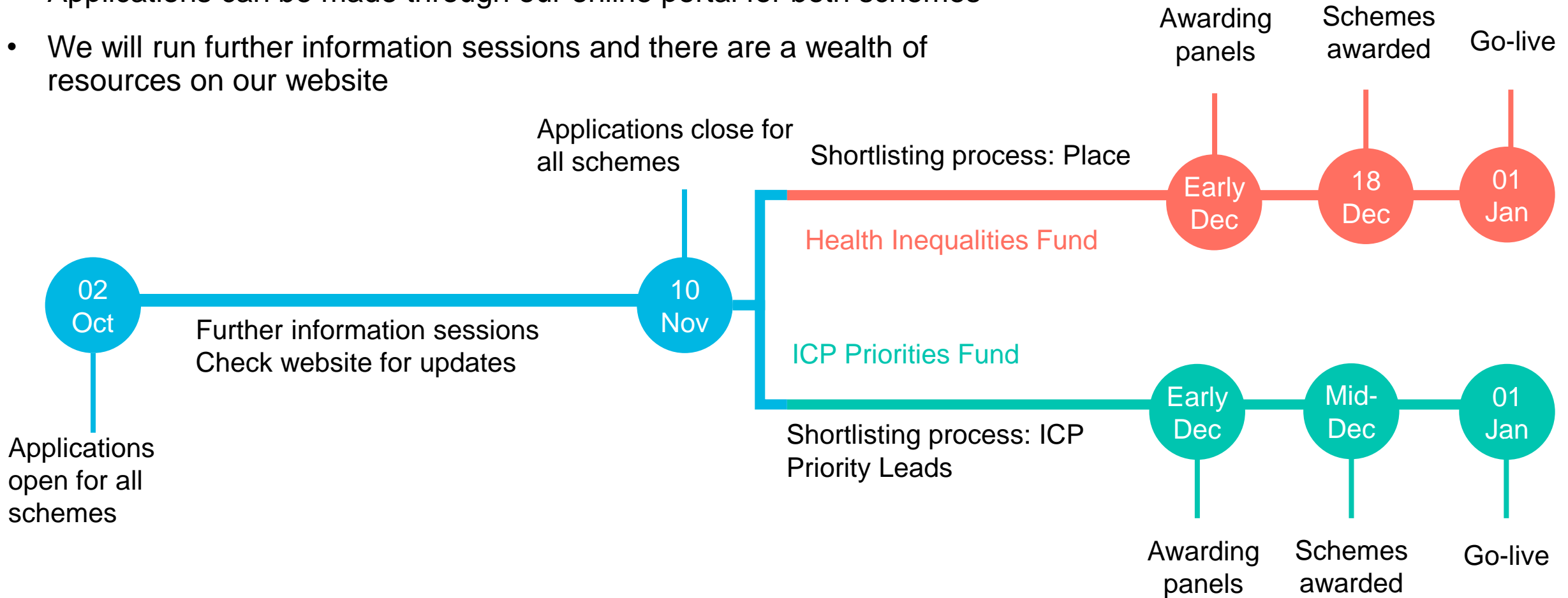
- The new ICP Priorities Fund for 2023-25 will be targeted to support delivery of the Integrated Care Partnership’s strategic plan and priorities.
- This funding will help accelerate the delivery of our system-wide priorities and agreed actions

### ICP Priorities Fund financial allocation detail

Funding allocation	£3800k	£950k						
		£800k across all four priorities listed				£150k across all three cross-cutting schemes listed		
Priority	Workforce	Children and young people	Older People	Positive mental wellbeing	Prevention and self-care	Green	EDI	Elevating patient and carer voice
Bid cap	Min: £50k Max: £450k	Min: £25k Max: £150k				No minimum Max: £40k		

# Combined process for this year

- Applications opened today and run until Friday, 10 November at 23:59
- Applications can be made through our online portal for both schemes
- We will run further information sessions and there are a wealth of resources on our website





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# Additional Support



# Voluntary, Community and Social Enterprise (VCSE) Alliance



**Sara Milocco**

South West London Voluntary,  
Community and Social  
Enterprise (VCSE) Alliance  
Director

07540 720103

[sara.milocco@cvalive.org.uk](mailto:sara.milocco@cvalive.org.uk)

The Voluntary, Community and Enterprise sector (VCSE) in South West London is a key strategic partner with an important contribution to make in shaping, improving and delivering services, and developing and implementing plans to tackle the wider determinants of health.

The VCSE Alliance can support the community and voluntary sector to be a key partner to co-produce and deliver innovative health and care solutions for our local priorities.

If you are an ICS partner and would like to be linked up to a voluntary or community sector organisation with expertise in the area you are proposing in your application, then please contact Sara who can put you in touch.

This can include if:

- you have a project idea but do not know who to involve in the VCSE
- you are thinking about funding elements to the VCSE sector – in terms of service delivery or particular roles to be hosted by a VCSE organisation and based in the local community.

If you are a VCSE organisation or a local group, Sara can help by putting you in contact with similar organisations in other Places so that you can explore your application at scale across more than one Place in South West London.



# Elevating the patient, carer and community voice

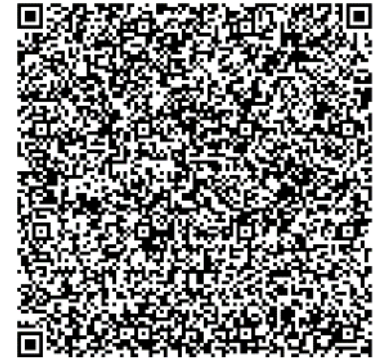
For all applications to the Investment Fund (both Health Inequalities and ICP Priorities Fund) - it is important to demonstrate how we are planning to work with people and communities impacted by the proposed project and to build on what we have already heard.

This includes:

- **Inclusive representation of our people and communities** – involving the right people in the right conversations and amplifying the voices of people with lived experience and carers, inclusive of all protected characteristic groups and people of all socioeconomic backgrounds.
- **Starting early and continuing our conversations** – build on what we have already heard and involve people at the beginning of our plans.
- **Guided by insight and intelligence** – ensuring that we take a population health approach which is informed by what both our local quantitative and qualitative data tells us.
- **Adopting principles of coproduction** – where possible we work in a way which involves people who use health and care services, carers and communities in equal partnership. We engage with people early so that their views can meaningfully influence the design, delivery, and evaluation of health and care services.

Helpful links:

[Healthwatch community insights reports](#)



[Insight from South West London engagement](#)





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# Positive focus on mental well-being



# Positive focus on mental well-being: Focus areas

## **FOCUS AREA 1: Improving the mental wellbeing of children and young people (CYP):**

### **ACTIONS:**

- Increase understanding of effective prevention for mental wellbeing of CYP.
- Increase wellbeing provision in the community for CYP.
- Increase self-help and early diagnosis for CYP by normalising talking about mental wellbeing.
- Raise awareness of what is on offer in the community to support CYP mental wellbeing.
- Work in partnership to support transitions to adulthood.

## **FOCUS AREA 2: Enabling healthy environments that increase mental wellbeing:**

### **ACTIONS:**

- Increase understanding of healthy environments that increase mental wellbeing, including service user led assessment.
- Identify opportunities to make places better for mental wellbeing e.g. housing, workplaces, green space.
- Develop a culture of kindness and respect in South West London
- Create safe spaces for staff to reflect and debrief.

## **FOCUS AREA 3: Improving mental health literacy & reducing stigma:**

### **ACTIONS:**

- Increase community co-creation for mental wellbeing services.
- Develop shared communications campaigns on mental wellbeing.
- Map the current offer to create a directory of services.
- Make Every Contact Count so that when services are engaging with people, we consider mental health as well as physical or social needs.

## **FOCUS AREA 4: Understanding complex needs:**

### **ACTIONS:**

- Create a single person-centred framework for complex needs.
- Review services for complex needs and design an improvement plan.
- Co-create outcomes with people with lived experience of complex needs.

# Positive focus on mental well-being

In South West London, we want to create healthy places that promote wellbeing and for everyone to have access to the right support, at the right time for their emotional and mental health.

We have recently developed our Mental Health Strategy for South West London following extensive engagement across the South West London system, including all our Places, people with lived experience and carers.



At least one in four people will experience a mental health problem at some point in their life



One in six adults has a mental health problem at any one time.



There are clear links between physical and mental health, for example people with chronic health conditions have a higher risk of developing mental health disorders.



Half of those with lifetime mental health problems first experience symptoms by the age of 14 and three-quarters before their mid-20s.



During the Covid-19 pandemic, on average more people in South West London reported feeling lonely often/always or some of the time than the average for London and England.

# Questions and answers



You can send follow-up questions to  
[swl.investmentfund@swlondon.nhs.uk](mailto:swl.investmentfund@swlondon.nhs.uk)

Please feel free to raise your hand or  
post a question in the chat

