

# Increasing Uptake of Learning Disability Annual Health Checks in one Sutton GP Practice

Carly Dalton, Sutton Health and Care & James O’Riordan Practice

## AIM

To Increase the Uptake of Learning Disability Annual Health Checks in James O’Riordan practice to 100% by March 2024.

## BACKGROUND

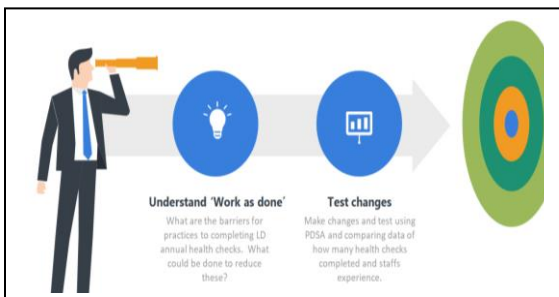
People with a learning disability will die ~24 years younger than the general population

49% of deaths were rated as "avoidable" compared to 22% for the general population (LeDeR report, 2021).

NHSE fund GPs to complete an annual health check to anyone on their Learning Disability (LD) register aged 14 and over. The national target is 75%.

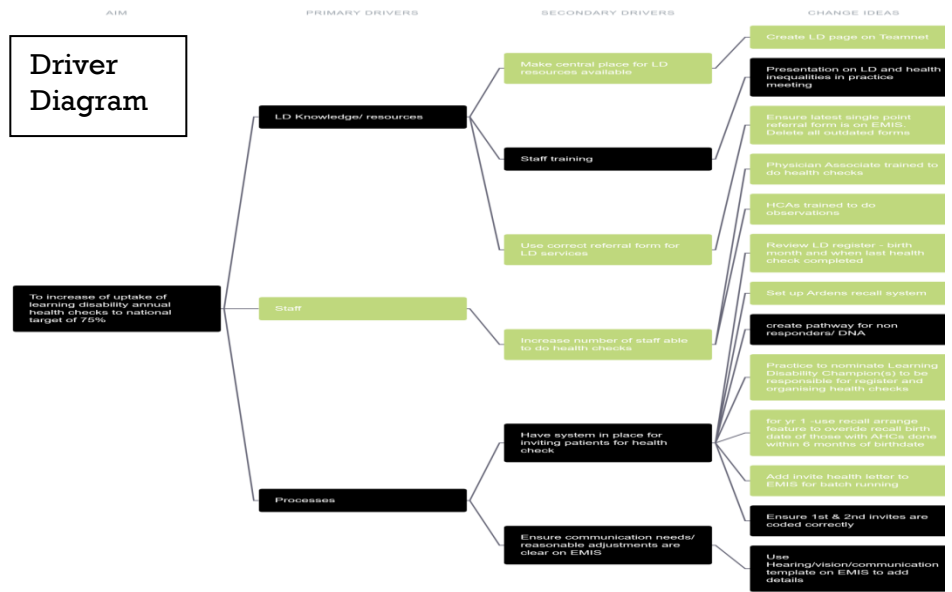
Sutton as an area completed health checks for 80% of their LD register (21/22) but James O’Riordan practice was the lowest performing practice with an uptake of 25%.

## PROCESS



## METHODS

- Spoke to staff at virtual practice meeting and agreed to do joint QI project
- Met practice management staff face to face to understand processes / their perceived barriers
- Sent survey to all staff about what their role was within the LD health check process, how difficult they found it, what they think the issues are with doing the checks and any suggestions for how to improve it
- At every step (fishbone ,etc) sent it to the staff to review and feedback

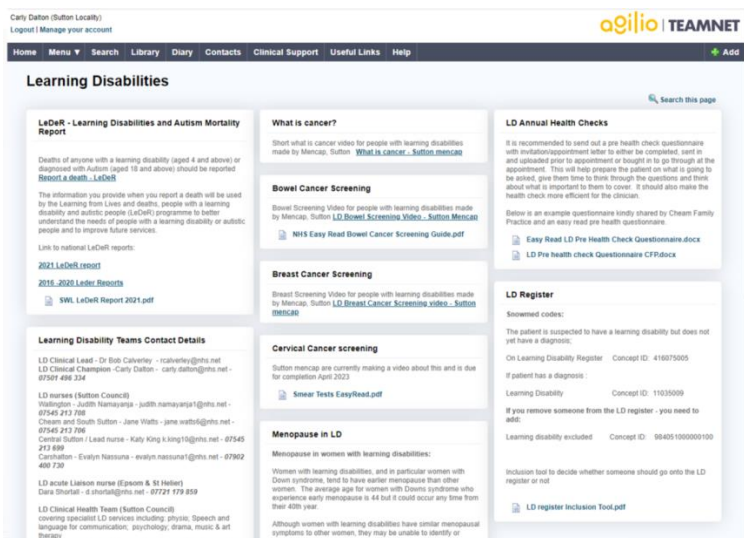




## CARLY DALTON, LEARNING DISABILITY HEALTH FACILITATOR AND SERVICE IMPROVEMENT PROGRAMME MANAGER - SUTTON HEALTH AND CARE

### RESULTS

1. A new process to invite people to their health checks using Ardens month of birth recall system was chosen to implement
2. A Learning Disabilities resource and information page was developed for the GP Teamnet system
3. Physician Associate trained to complete some of the health check
4. A LD champion was chosen for the practice



### NEXT STEPS

#### Test Changes:

- Practice LD champion will use Ardens month of birth recall system from April to send invitations
- Book in health checks with Physicians Associate or GP
- Compare uptake month by month with previous years
- Look at outcomes of checks
- Disseminate findings

